

CHC53415

Diploma of Leisure and Health

18 MONTHS
CLASSROOM BASED

www.skillstraining.edu.au

Welcome

Discover the learning advantage at

Skills Training Australasia

With an ever-increasing global demand for Aged Care, Health and Community Service professionals, the Diploma Leisure and Health (CHC43415) is a formal qualification to deliver health improvement, leisure and activity or diversional therapy programs in aged care facilities, disability support settings and community support programs.

Specialist Diversional and Recreational Therapy practitioners at Skills Training Australasia work closely with our students training you as a leader in the delivery of engaging and truly meaningful social activities that enhance the lives of the elderly and disabled. The Diploma of Leisure and Health (CHC53415) maintains Diversional Therapy as a client-centred practice that recognises and promotes the belief that leisure and recreational experiences are the right of all individuals.

You will enjoy a learning experience that carefully blends both theoretical knowledge and a practical skillset. All Skills Training Australasia trainers/facilitators are current health sector professionals – and are genuinely committed to a student-centric approach. This drives everything we do. Within small class-size settings, we understand the importance of a relevant learning delivery.

CHC53415 Diploma of Leisure and Health – managed by today's experts, creating tomorrow's professionals



DID YOUKNOW?

All of Skills Training
Australasia's Leisure and Health
qualifications are endorsed
by Diversional & Recreation
Therapy Australia

Course Overview

The Diploma of Leisure and Health (CHC53415) is a formal qualification to deliver health improvement, leisure and activity or Diversional Therapy programs in aged care facilities, disability/community support settings. Specialist Diversional and Recreational Therapy practitioners will deliver this client-centred educational course in 18 months. You will be trained in the delivery of engaging and truly meaningful social activities that enhance the lives of the elderly and disabled – promoting the belief that leisure and recreational experiences are the right of all individuals.

Course Duration Options

18 months, 1 day per week

Flexible Intake Options

Select a study commencement that suits you with four (4) intakes per year (intakes each year are subject to enrolment numbers)

Course Delivery



This fully-accredited (AQF) Diploma of Leisure and Health (CHC53415) course is presented to our student associates via an interactive, face-to-face program delivery. Within a small-size setting, students will enjoy a learning experience that carefully blends both theoretical knowledge and practical skills.

Skills Training Australasia also understands the importance of job-readiness and work experience - that's why we ensure that your 240 hours of industry (work) placement is managed carefully during your study period. Skills Training Australia will assist you in assessing the suitability of your chosen placement provider.

Course Components

The Diploma of Leisure and Health (CHC53415) consists of 22 units which are split into 3 study components.

◆ Foundation

Comprising of 8 study units

◆ Critical

Comprising of 9 study units

◆ Complementary

Comprising of 5 study units

COMPONENT 1

Foundation

CHCCOM003	Develop workplace communication strategies
CHCDIV001	Work with diverse people
HLTAAP002	Confirm physical health status
HLTWHS003	Maintain work health and safety
CHCCS023	Support independence and wellbeing
BSBMGT401	Show leadership in the workplace
CHCDIS008	Facilitate community participation and social inclusion
CHCDIS009	Facilitate ongoing skill development using a person-centered approach

COMPONENT 2

Critical

CHCLAH001	Work effectively in the leisure and health industries
CHCLAH002	Contribute to leisure and health programming
CHCLAH003	Participate in planning, implementing and monitoring of individual leisure and health programs
CHCLAH004	Participate in planning leisure & health programs for clients with complex needs
CHCLAH005	Incorporate life-span development and sociological concepts into leisure and health programming
CHCLAH006	Coordinate planning, implementation and monitoring of leisure and health programs
CHCLAH008	Provide leisure educations
CHCLAH009	Apply concepts of human psychological to facilitate involvement in leisure programs
CHCMHS001	Works with people with mental health issues

COMPONENT 3

Complementary

BSBMGT502	Manage people performance
CHCPOL003	Research and apply evidence to practice
CHCPRP003	Reflect on and improve own professional practice
CHCDIS010	Provide person centered services to people with disability with complex needs
BSBMGT406	Plan and monitor continuous improvement



DID YOUKNOW?

All students will receive a student membership to Diversional and Recreation Therapy Australia as part of their enrolment

Professional Experience Placement

This fully-accredited (AQF) course also understands the importance of job- readiness and work experience - that's why we ensure that your 240 hours of industry (work) placement is managed during your study period.

Placement must be undertaken in a facility that will give you 'real-life' exposure to Leisure and Health promotion, activities, development and delivery. The learning activities will be closely monitored by, and assessed by your facility supervisor or mentor.

Placement is traditionally unpaid, and Skills Training Australasia will provide assistance in helping you locate the most suitable facility placement location.

Police Check and Working with Children Checks

In most cases, it will be a requirement of your placement provider that you undertake a Police Check and a Working with Children Check. Both checks generally need to be clear to allow you to go on placement. Where a student has been identified as having a disclosable outcome, it is up to the student to contact the Training Department should they wish to disclose the outcome and discuss.

Obtaining these checks, and any cost associated with applying for them, is your responsibility. They need to be current and must be obtained prior to your first day of placement - they will need to be sighted by your placement supervisor and/or the manager to whom you are reporting.

Entry Requirements

There are no formal educational qualifications or prerequisites to gain entry into the Diploma of Leisure and Health (CHC53415) course.

Skills Training Australasia will conduct a review of your current competencies (including literacy and numeracy skills), ensuring that you are academically- equipped to achieve your intended learning outcomes, within the given course timeframe.

Information Sessions

Information sessions are compulsory for enrolment into one of our courses. Please book into a suitable information session at one of our campuses.

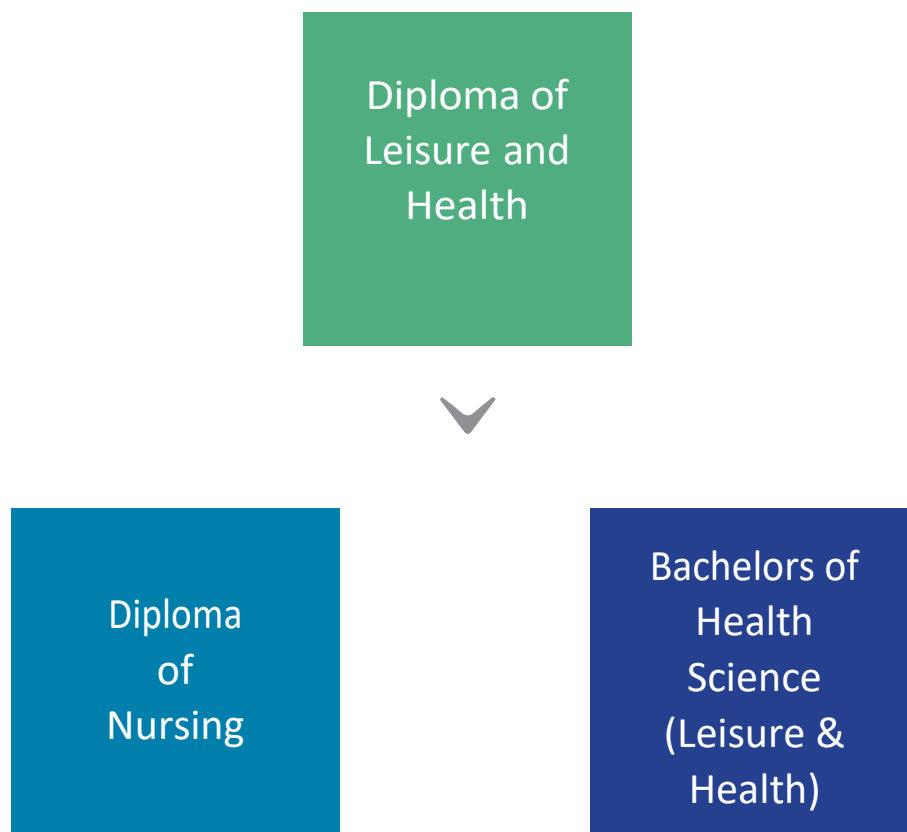
After you have attended an information session you will also need to book in to sit a Language, Literacy and Numeracy test (LLN) for enrolment.

The LLN test must be undertaken if you have not completed year 12 in the last 2 years.



Study Pathways

The Skills Training Australasia Diploma of Leisure and Health (CHC53415) study program is an excellent pathway for those who wish to move forward with their scope of practice—making application for further educational opportunities towards a higher level healthcare qualification - in which you may be able to obtain study credits.



Career Outcomes

Leisure and Health (Diversional and Recreation Therapist) practitioners are a modern asset within Aged Care, Disability and Community support settings - both highly skilled and respected.

Not only can graduates make an immediate contribution to the welfare of clients with specific needs, they can apply for an increasing range of career options including:

Facility Activities Officer	Community Leisure Officer	Day Support Disability Officer
Diversional Therapy Assistant	Leisure Officer	Recreational Activities Officer

For those wishing to become Diversional Therapists, students must undertake a Bachelor of Health Science (Leisure & Health), or Bachelor of Health Science (Therapeutic Recreation) at a higher education provider.

They will also need to register for a full membership with DRTA and continue their professional development.



Diversional and Recreational Therapy Australia is the peak body of regulation when it comes to leisure and health programs in aged care facility disability and community care. DRTA's mission is to ensure the practice of Diversional Therapy is kept viable and relevant, ensuring a continued contribution to the lifestyle and wellbeing of all clients, by encouraging education and professional development to all lifestyle practitioners.

The DRTA philosophy is for -

“Diversional therapy practitioners to provide, facilitate and coordinate leisure and recreational activities which are designed to support, challenge and enhance the psychological, spiritual, social, emotional and physical wellbeing of individuals who experience barriers to participation in leisure and recreational pursuits thus affecting their quality of life.”

All of Skills Training Australasia's Leisure and Health programs are regulated and endorsed by Diversional & Recreational Therapy Australia. This ensures we provide the most relevant education to all our students in Australia. By the end of their course students will live and breathe the DRTA philosophy which they will take to the workplace, providing our vulnerable citizens with the most engaging and fun recreation programs possible.





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For more information:

Call +61 3 8610 4100