



CHC43415

Certificate IV in Leisure and Health

12 MONTHS
CLASSROOM BASED

www.skillstraining.edu.au

Welcome

Discover the learning advantage at

Skills Training Australasia

With an ever-increasing global demand for Aged Care Health and Community Service professionals, the Certificate IV in Leisure and Health (CHC43415) is a qualification to deliver health improvement, leisure and health activity or diversional therapy programs in aged care facilities, disability support settings and community support programs.

Specialist Diversional and Recreational Therapy practitioners at Skills Training Australasia work closely with our student training you as a leader in the delivery of engaging and truly meaningful social activities that enhance the lives of the elderly and disabled. Certificate IV in Leisure and Health (CHC43415) maintains Diversional Therapy as a client-centred practice that recognises and promotes the belief that leisure and recreational experiences are the right of all individuals.

You will enjoy a learning experience that carefully blends both theoretical knowledge and a practical skillset. All Skills Training Australasia trainers/facilitators are current health sector professionals – and are genuinely committed to a student-centric approach. This drives everything we do. Within small class-size settings, we understand the importance of a relevant learning delivery.

CHC43415 Certificate IV in Leisure and Health – managed by today's experts, creating tomorrow's professionals



DID YOUKNOW?

All of Skills Training
Australasia's Leisure & Health
qualifications are endorsed by
Diversional and Recreation
Therapy Australia

Course Overview

The Certificate IV in Leisure and Health (CHC43415) is a formal qualification to deliver health improvement, leisure and activity or Diversional Therapy programs in aged care facilities, disability/community support settings. Specialist Diversional & Recreational Therapy practitioners will deliver this client-centred educational course in 12 months. You will be trained in the delivery of engaging and truly meaningful social activities that enhance the lives of the elderly and disabled – promoting the belief that leisure and recreational experiences are the right of all individuals.

Course Duration Options

12 months/1 evening per week (6.00pm - 9.00pm)

12 months/1 day per fortnight (9.00am - 4.00pm)

Flexible Intake Options

Select a study commencement that suits you with four (4) intakes per year (intakes each year are subject to enrolment numbers)

Course Delivery



The fully-accredited (AQF) Certificate IV in Leisure and Health (CHC43415) course is presented to our student associates via an interactive, face-to-face program delivery. Within a small-size setting, students will enjoy a learning experience that carefully blends both theoretical knowledge and practical skills.

Skills Training Australasia also understands the importance of job-readiness and work experience - that's why we ensure that your 120 hours of industry (professional experience) placement is managed carefully during your study period. Skills Training Australia will assist you in assessing the suitability of your chosen placement provider.

CourseComponents

The Certificate IV in Leisure & Health (CHC43415) consists of 17 units which are split into 3 study components.

◆ Foundation

Comprising of 4 study units

◆ Critical

Comprising of 5 study units

◆ Complementary

Comprising of 8 study units

COMPONENT 1

Foundation

The Foundation program component focuses on developing a holistic, yet practical mindset to the diversional approach of client support in health and well-being. You will also learn how to engage individuals to participate in group activities.

This core unit set also allows students to develop communications skills for different scenarios, enabling them to become more confident in dealing with challenging situations.

Upon course commencement, student associates focus their learning attention on better understanding client communication and relationship-building skills.

You will learn to identify and work within legislation, ensuring safety of yourself and the safety of others within a working environment.

CHCCOM002	Use communication to build relationships
HLTAAP002	Confirm physical health status
HLTWHS002	Follow works safe practices for direct client care
CHCDIS003	Support community participation for social inclusion

COMPONENT 2

Critical

This practical set of study units will introduce you to the key components of activity selection, planning and implementation to make a comprehensive assessment while working with a multi-discipline team.

You will also gain the knowledge of evaluating programs to identify if they are meeting the client's interests and goals.

You will discover a study area that will improve your knowledge and skills in the provision and coordination of evidence-based and client-centred social support/ care for the older person

You will learn that 'no two clients are the same and become confident when dealing with those who have either diverse or complex needs.

CHCLAH001	Work effectively in the leisure & health industries
CHCLAH002	Contribute to leisure & health programming
CHCLAH003	Participate in planning, implementing & monitoring of individual leisure & health programs
CHCLAH004	Participate in planning leisure & health programs for clients with complex needs
CHCLAH005	Incorporate life-span development and sociological concepts into leisure & health programming

COMPONENT 3

Complementary

The final component of your study program will introduce the Skills Training Australasia student the various behavioral issues faced by elderly residents, together with those with disabilities.

You will develop a much better (and practical) understanding of those with mental health issues, together with how to more effectively deal with and contribute to those with a diverse range of individual needs.

Understanding clients with dementia will also be an important element of this study and how to provide support and deal with their ever-changing needs.

This will also enable you to learn and be confident when dealing with clients within palliative care while supporting family members. The importance of the role the volunteer plays within the Leisure and Health industry and strategies on how to retain them are also key learning.

CHCMHS001	Work with people with mental health issues
CHCCCS020	Respond effectively to behaviors of concern
CHCPRP003	Reflect upon and improve own professional practice
CHCDIV001	Work with diverse people
CHCAGE001	Facilitate empowerment of older people
CHCAGE005	Provide support to people living with dementia
CHCVOL003	Recruit, induct and support volunteers
CHCPAL001	Deliver care services using a palliative approach



DID YOUKNOW?

All students will receive a student membership to Diversional and Recreation Therapy Australia as part of their enrolment

Professional Experience Placement

This fully-accredited (AQF) course also understands the importance of job- readiness and work experience - that's why we ensure that your 120 hours of industry (work) placement is managed during your study period.

Placement must be undertaken in a facility that will give you 'real-life' exposure to Leisure and Health promotion, activities, development and delivery. The learning activities will be closely monitored by, and assessed by your facility supervisor or mentor.

Placement is traditionally unpaid, and Skills Training Australasia will provide assistance in helping you locate the most suitable facility placement location.

Police Check and Working with Children Check

In most cases, it will be a requirement of your placement provider that you undertake a Police Check and a Working with Children Check. Both checks generally need to be clear to allow you to go on placement. Where a student has been identified as having a disclosable outcome, it is up to the student to contact the Training Department should they wish to disclose the outcome and discuss.

Obtaining these checks, and any cost associated with applying for them, is your responsibility. They need to be current and must be obtained prior to your first day of placement - they will need to be sighted by your placement supervisor and/or the manager to whom you are reporting.

Entry Requirements

There are no formal educational qualifications or prerequisites to gain entry into the Certificate IV in Leisure and Health (CHC43415) course.

Skills Training Australasia will conduct a review of your current competencies (including literacy and numeracy skills), ensuring that you are academically- equipped to achieve your intended learning outcomes, within the given course timeframe.

Information Sessions

Information sessions are compulsory for enrolment into one of our courses. Please book into a suitable information session at one of our campuses.

After you have attended an information session you will also need to book in to sit a Language, Literacy and Numeracy test (LLN) for enrolment.

The LLN test must be undertaken if you have not completed year 12 in the last 2 years.

Tuition Fees

Skills Training Australasia's Certificate IV in Leisure and Health (CHC43415) is offered to domestic students.

Full Fee

\$3,700.00 - this cost is the full fee for the course.

Skills First Funded Fee *

\$800 - this cost is the funded tuition fee for the course

Skills First Concession *

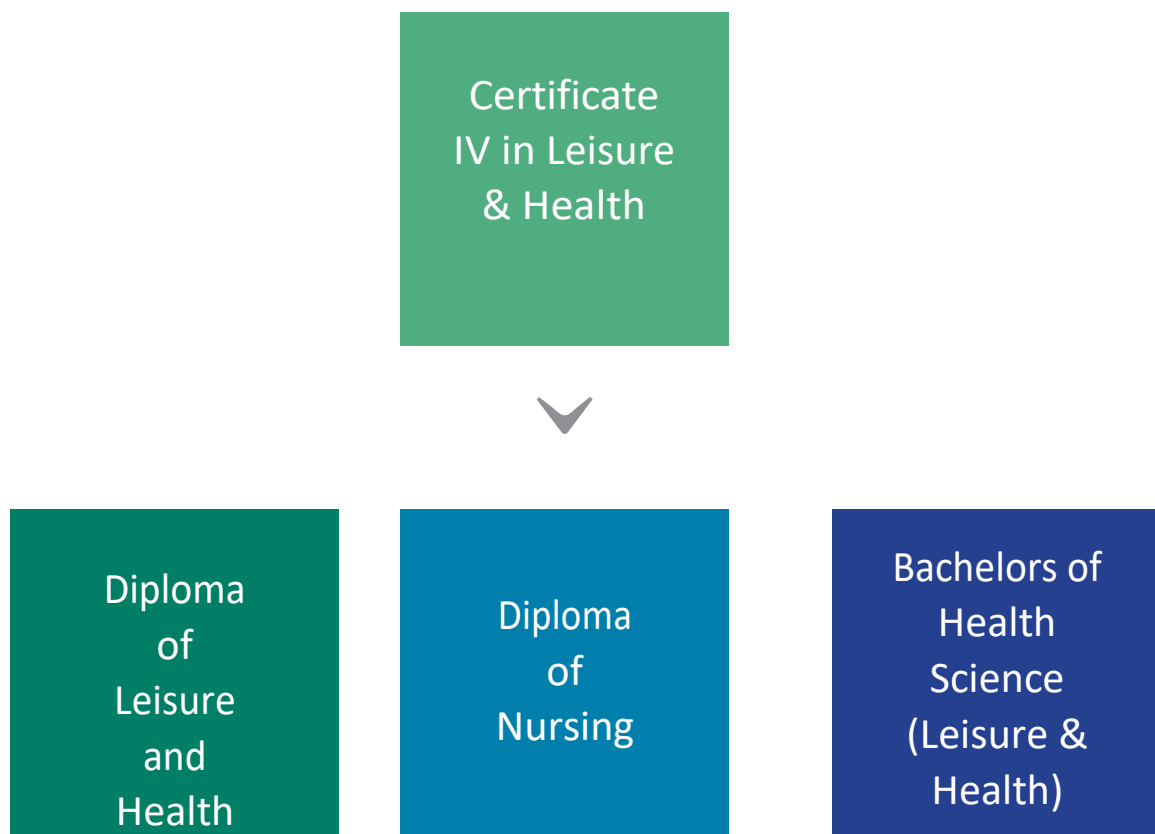
\$160 - this is the funded concession tuition fee for the course.

**Skills Training Australasia may use both State and Federal funding, eligibility criteria do apply*



Study Pathways

The Skills Training Australasia Certificate IV in Leisure and Health (CHC43415) study program is an excellent pathway for those who wish to move forward with their scope of practice – making application for further educational opportunities towards a higher-level healthcare qualification - in which you may be able to obtain study credits.



Career Outcomes

Leisure and Health (Diversional and Recreation Therapist) practitioners are a modern asset within Aged Care, Disability and Community support settings - both highly skilled and respected.

Not only can graduates make an immediate contribution to the welfare of clients with specific needs, they can apply for an increasing range of career options including:

Facility Activities Officer	Community Leisure Officer	Day Support Disability Officer
Diversional Therapy Assistant	Leisure Officer	Recreational Activities Officer

For those wishing to become Diversional Therapists, students must undertake a Bachelor of Health Science (Leisure & Health), or Bachelor of Health Science (Therapeutic Recreation) at a higher education provider.

They will also need to register for a full membership with DRTA and continue their professional development.



Diversional and Recreational Therapy Australia is the peak body of regulation when it comes to leisure and health programs in aged care facility disability and community care. DRTA's mission is to ensure the practice of Diversional Therapy is kept viable and relevant, ensuring a continued contribution to the lifestyle and wellbeing of all clients, by encouraging education and professional development to all lifestyle practitioners.

The DRTA philosophy is for -

“Diversional therapy practitioners to provide, facilitate and coordinate leisure and recreational activities which are designed to support, challenge and enhance the psychological, spiritual, social, emotional and physical wellbeing of individuals who experience barriers to participation in leisure and recreational pursuits thus affecting their quality of life.”

All of Skills Training Australasia's Leisure and Health programs are regulated and endorsed by Diversional & Recreational Therapy Australia. This ensures we provide the most relevant education to all our students in Australia. By the end of their course students will live and breathe the DRTA philosophy which they will take to the workplace, providing our vulnerable citizens with the most engaging and fun recreation programs possible.





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For more information:

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