

# Diploma of Leisure and Health

ADVANCE YOUR  
CAREER IN LEISURE  
AND HEALTH, ALONG  
WITH DIVERSIONAL  
THERAPY



## About this Course

This course is for lifestyle or activity coordinators who would like to progress their career into leadership and supervision. Learn to design, implement and evaluate health and leisure programs.

## Career Options

Activities coordinator/manager, community leisure coordinator/manager, community leisure coordinator or diversional therapy assistant.

## Study Pathways

Further study options include bachelor programs with higher education providers.

## Course Structure

Students must complete the following 22 units, and complete a minimum 240 hours placement. Our Placement Coordinator will aid you in finding a placement facility.



<b>Delivery</b>	Face to face on campus
<b>Duration</b>	18 months, 1 day per week
<b>Placement</b>	240 hours (mandatory)

Skills Training Australia are endorsed by  
Diversional & Recreation Therapy Australia



[www.skillstraining.edu.au](http://www.skillstraining.edu.au) • p: 1300 656 669

### Melbourne CBD Campus:

Level 14, 459 Little Collins St,  
Melbourne 3000

### Knox Campus:

Level 2, 2 Capital City Blvd,  
Wantirna South 3152

## Units

<b>CHCCOM003</b>	Develop workplace communication strategies
<b>CHCDIV001</b>	Work with diverse people
<b>CHCLAH001</b>	Work effectively in the leisure and health industries
<b>CHCLAH002</b>	Contribute to leisure and health programming
<b>CHCLAH003</b>	Participate in the planning, implementation and monitoring of individual leisure and health programs
<b>CHCLAH004</b>	Participate in planning leisure and health programs for clients with complex needs
<b>CHCLAH005</b>	Incorporate lifespan development and sociological concepts into leisure and health programming
<b>CHCLAH006</b>	Coordinate planning, implementation and monitoring of leisure and health programs
<b>CHCLAH008</b>	Provide leisure education
<b>CHCLAH009</b>	Apply concepts of human psychology to facilitate involvement in leisure programs
<b>CHCPOL003</b>	Research and apply evidence to practice
<b>CHCPRP003</b>	Reflect on and improve own professional practice
<b>HLTAAP002</b>	Confirm physical health status
<b>HLTWHS003</b>	Maintain work health and safety
<b>BSBMGT502</b>	Manage people performance
<b>CHCDIS008</b>	Facilitate community participation and social inclusion
<b>CHCDIS010</b>	Provide person-centered services to people with disability with complex needs
<b>BSBMGT401</b>	Show leadership in the workplace
<b>CHCDIS009</b>	Facilitate ongoing skills development using a person-centered approach
<b>CHCCCS023</b>	Support independence and wellbeing
<b>CHCMHS001</b>	Work with people with mental health issues
<b>BSBMGT406</b>	Plan and monitor continuous improvement