



# Skills Training Australia

RTO 20828



CHC43415

## Certificate IV in Leisure & Health

12 MONTHS  
CLASSROOM BASED

[skillstraining.edu.au](http://skillstraining.edu.au)



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# Certificate IV in Leisure & Health

## CHC43415

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Diversional & Recreation Therapy  
Australia

Welcome

# Discover the learning advantage at **Skills Training Australia**

**With an ever-increasing global demand for Aged Care, Health and Community Service professionals, the Certificate IV in Leisure & Health (CHC43415) is your next formal qualification to deliver health improvement, leisure & activity or diversional therapy programs in aged care facilities, disability support settings and community support programs.**

Specialist Diversional & Recreational Therapy practitioners at Skills Training Australia work closely with our student associates – training you as a leader in the delivery of engaging and truly meaningful social activities that enhance the lives of the elderly and disabled. Certificate IV in Leisure & Health maintains Diversional Therapy as a client-centred practice that recognises and promotes the belief that leisure and recreational experiences are the right of all individuals.

With a centrally-located Melbourne CBD campus, together with locations in Coburg, Westmeadows and Knox, you will enjoy a learning experience that carefully blends both theoretical knowledge and a practical skillset. All Skills Training Australia trainers/facilitators are current health sector professionals – and are genuinely committed to a student-centric approach. This drives everything we do. Within small class-size settings, we understand the importance of a relevant learning delivery.

**A Certificate IV in Leisure & Health – managed by today's experts, creating tomorrow's professionals**





DID YOU KNOW?

All of Skills Training  
Australia's Leisure & Health  
qualifications are endorsed  
by Diversional & Recreation  
Therapy Australia



# Course Overview

The Certificate IV in Leisure & Health (CHC43415) is your next formal qualification to deliver health improvement, leisure & activity or Diversional Therapy programs in aged care facilities, disability/community support settings. Specialist Diversional & Recreational Therapy practitioners will deliver this client-centred educational course in just 12 months. You will be trained as a leader in the delivery of engaging and truly meaningful social activities that enhance the lives of the elderly and disabled – promoting the belief that leisure and recreational experiences are the right of all individuals.

## Course Duration Options

12 months/1 day per week (9:00am- 4:00pm) - Wantirna campus

## Flexible Intake Options

Select a study commencement that suits you with four (4) intakes per year (intakes each year are subject to enrolment numbers)



# Course Delivery



This fully-accredited (AQF) Certificate IV in Leisure & Health (CHC43415) course is presented to our student associates via an interactive, face-to-face program delivery. Within a small-size setting, students will enjoy a learning experience that carefully blends both theoretical knowledge and a practical skillset.

Skills Training Australia also understands the importance of job-readiness and work experience - that's why we ensure that your 120 hours of industry (work) placement is managed carefully by our Clinical Placement Manager during your study period. Skills Training Australia will closely match our students with some of Australia's best workplace settings.



# Course Components

The Certificate IV in Leisure & Health (CHC43415) consists of 17 units which are split into 3 study components.

## ◆ Foundation

Comprising of 4 study units

## ◆ Critical

Comprising of 5 study units

## ◆ Complementary

Comprising of 8 study units



# COMPONENT 1

## Foundation

The Foundation program component focuses on developing a holistic, yet practical mindset to the diversional approach of client support in health and well-being. You will also learn how to engage individuals to participate in group activities.

This core unit set also allows students to develop communications skills for different scenarios, enabling them to become more confident in dealing with challenging situations.

Upon course commencement, student associates focus their learning attention on better understanding client communication and relationship-building skills.

You will learn to identify and work within legislation, ensuring safety of yourself and the safety of others within a working environment.

CHCCOM002	Use communication to build relationships
HLTAAP002	Confirm physical health status
HLTWHS002	Follow works safe practices for direct client care
CHCDIS003	Support community participation for social inclusion



## COMPONENT 2

# Critical

This practical set of study units will introduce you to the key components of activity selection, planning and implementation to make a comprehensive assessment while working with a multi-discipline team.

You will also gain the knowledge of evaluating programs to identify if they are meeting the client's interests and goals.

You will discover a study area that will improve your knowledge and skills in the provision and coordination of evidence-based and client-centred social support/care for the older person

You will learn that 'no two clients are the same' and become confident when dealing with those who have either diverse or complex needs.

CHCLAH001	Work effectively in the leisure & health industries
CHCLAH002	Contribute to leisure & health programming
CHCLAH003	Participate in planning, implementing & monitoring of individual leisure & health programs
CHCLAH004	Participate in planning leisure & health programs for clients with complex needs
CHCLAH005	Incorporate life-span development and sociological concepts into leisure & health programming

## COMPONENT 3

# Complementary

The final component of your study program will introduce the Skills Training Australia student the various behavioural issues faced by elderly residents, together with those with disabilities.

You will develop a much better (and practical) understanding of those with mental health issues, together with how to more effectively deal with and contribute to those with a diverse range of individual needs.

Understanding clients with dementia will also be an important element of this study and how to provide support and deal with their ever changing needs.

This will also enable you to learn and be confident when dealing with clients within palliative care while supporting family members. The importance of the role the volunteer plays within the Leisure and Health industry and strategies on how to retain them is also a key learning.

CHCMHS001	Work with people with mental health issues
CHCCCS020	Respond effectively to behaviors of concern
CHCPRP003	Reflect upon and improve own professional practice
CHCDIV001	Work with diverse people
CHCAGE001	Facilitate empowerment of older people
CHCAGE005	Provide support to people living with dementia
CHCVOL003	Recruit, induct and support volunteers
CHCPAL001	Deliver care services using a palliative approach





DID YOU KNOW?

All students will receive a  
free student membership  
to Diversional & Recreation  
Therapy Australia

# Professional Placement

This fully-accredited (AQF) course also understands the importance of job-readiness and work experience - that's why we ensure that your 120 hours of industry (work) placement is managed carefully by our Placement Manager during your study period. Skills Training Australia will closely match our students with some of Australia's best workplace settings.

Placement must be undertaken in a facility that will give you 'real-life' exposure to Leisure & Health promotion, activities, development and delivery. The learning activities will be closely monitored by, and assessed by your facility supervisor or mentor.

Placement is traditionally unpaid, and Skills Training Australia will provide assistance in helping you locate the most suitable facility placement location.



# Entry Requirements

There are NO formal educational qualifications or prerequisites to gain entry into the Certificate IV in Leisure & Health (CHC43415) course.

Skills Training Australia will conduct a review of your current competencies (including literacy and numeracy skills), ensuring that you are academically-equipped to achieve your intended learning outcomes, within the given course timeframe.

## Information Sessions

Information sessions are compulsory for enrolment into one of our courses. Please book into a suitable information session at one of our campuses.

After you have attended an information session you will also need to book in to sit a Language, Literacy and Numeracy test (LLN) for enrolment.

The LLN (VETASSESS) test must be undertaken if you have not completed year 12 in the last 2 years.

There is a \$60 fee for the VETASSESS test which is paid on the day.

# Fees & Payment Options

Skills Training Australia's Certificate IV in Leisure & Health (CHC43415) is offered to all Full Fee Paying and eligible Victorian Skills First Program domestic students.

Please find below the course tuition fees applicable to the Cert IV in Leisure & Health:

## Full Fee

\$3,700.00 - This cost is the full fee for the course.

## Skills First

\$400.00 is the funded tuition fee. The hourly tuition fee calculates to \$0.38 per hour.\*

## Skills First Concession

\$160.00 is the funded tuition fee. The hourly tuition fee calculates to \$0.15 per hour.\*

*\*Skills Training Australia may use both State and Federal funding, eligibility criteria does apply*

# Skills First Funding

All of our quoted costs for the Certificate IV in Leisure & Health (CHC43415) include materials, resources and enrolment costs. The only additional cost will be for your Police Check and Working with Children Check, which you will need to apply for separately prior to work placement commencement.

We currently hold a contract with the Victorian State Government to offer subsidised training places to eligible individuals under the Skills First Program; numbers are limited. You will either be assessed as a Government Subsidised Student or a Full Fee Paying Student.

*"The student tuition fees as published are subject to change given individual circumstances at enrolment"*

## Approximate Skills First Program Contribution

If you are eligible for the Skills First Program, the approximate value of the contribution from the Victorian Government towards the qualification you are considering is \$5511.00.

## Equal Opportunity

Skills Training Australia is fully committed to the principles of equal opportunity and to providing training opportunities for all people. We actively encourage potential students from disadvantaged groups to apply for training opportunities with us. We would especially encourage people with an Aboriginal background, students who do not have English as their primary language, mature aged students, and students with disabilities or impairments to apply.

For more information about our fees please see our Fees page on the website.







# Study Pathways

The Skills Training Australia Certificate IV in Leisure & Health (CHC43415) study program is an excellent pathway for those who wish to move forward with their scope of practice – making application for further educational opportunities towards a higher level healthcare qualification - in which you may be able to obtain study credits.

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graph TD; A[Certificate IV in Leisure & Health] --> B[Diploma of Leisure & Health]; A --> C[Diploma of Community Services]; A --> D[Diploma of Nursing]; A --> E[Bachelors of Health Science (Leisure & Health)];
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Certificate  
IV in  
Leisure &  
Health

Diploma  
of  
Leisure &  
Health

Diploma  
of  
Community  
Services

Diploma  
of  
Nursing

Bachelors of  
Health  
Science  
(Leisure &  
Health)

# Career Outcomes

Leisure & Health (Diversional & Recreation Therapist) practitioners are a modern asset within Aged Care, Disability and Community support settings - both highly skilled and respected.

Not only can graduates make an immediate contribution to the welfare of clients with specific needs, they can apply for an increasing range of career options including:

<b>Facility Activities Officer</b>	<b>Community Leisure Officer</b>	<b>Day Support Disability Officer</b>
<b>Diversional Therapy Assistant</b>	<b>Leisure Officer</b>	<b>Recreational Activities Officer</b>

For those wishing to become Diversional Therapists, students must undertake a Bachelor of Health Science (Leisure & Health), or Bachelor of Health Science (Therapeutic Recreation) at a higher education provider.

They will also need to register for a full membership with DRTA and continue their professional development.





Diversional and Recreational Therapy Australia is the peak body of regulation when it comes to leisure and health programs in aged care facility disability and community care. DRTA's mission is to ensure the practice of Diversional Therapy is kept viable and relevant, ensuring a continued contribution to the lifestyle and wellbeing of all clients, by encouraging education and professional development to all lifestyle practitioners.

The DRTA philosophy is for -

“Diversional therapy practitioners to provide, facilitate and coordinate leisure and recreational activities which are designed to support, challenge and enhance the psychological, spiritual, social, emotional and physical wellbeing of individuals who experience barriers to participation in leisure and recreational pursuits thus affecting their quality of life.”

All of Skills Training Australia's Leisure & Health programs are regulated and endorsed by Diversional & Recreational Therapy Australia. This ensures we provide the most relevant education to all our students in Australia. By the end of their course students will live and breathe the DRTA philosophy which they will take to the workplace, providing our vulnerable citizens with the most engaging and fun recreation programs possible.





ENGAGE | GROW | BECOME

For more information:

**Call 1300 656 669**